

High-Risk Pregnancies

At PMC’s Center for Maternal & Newborn Care, both mom and baby are cared for at all times by an expert team of family health specialists. We have partnered with Penn Medicine’s Division of Maternal Fetal Medicine (MFM) and the Children’s Hospital of Philadelphia (CHOP) to ensure that you and your baby will have access to board certified Penn Maternal Fetal Medicine specialists and board certified CHOP neonatologists 24/7.

This collaboration facilitates advanced, comprehensive care for mothers and babies, from prenatal diagnosis and therapy, through postnatal treatment and care.



Penn Maternal Fetal Medicine

Penn Medicine’s Maternal Fetal Medicine program – one of the first in the nation – is a nationally recognized leader in high-risk obstetrics, fetal evaluation and antepartum (late pregnancy) testing.

Our Maternal Fetal Medicine Program offers:

- Ultrasounds(AIUM Accredited)
- Antenatal testing (non-stress test)
- Doppler studies
- Preconception counseling
- Chorionic villus sampling (CVS)
- Amniocentesis
- Fetal echocardiograms (AIUM Accredited)
- Hysterosalpingogram (HSG)
- Genetic counseling
- Genetic testing
- Non- invasive prenatal testing (NIPT)
- Sequential screening

Management of:

- Diabetes
- History of pre-term birth
- Multigestational pregnancy
- Thyroid & endocrine abnormalities
- Hypertension
- Fetal abnormalities



Planning Your Maternity Stay

When you go into labor, please contact your obstetrician (OB) or midwife for guidance on when to come to the hospital. If it is after 9 PM, you will enter the hospital through the Center for Emergency Care at PMC, where our staff members are ready to assist you.

My Obstetrician or Midwife: \_\_\_\_\_

WHAT DO I PACK?

- |   |  |                         |
|---|--|-------------------------|
| ■ Books   | ■ Clothing for newborn to wear home                    | ■ Slippers              |
| ■ Car seat (should be installed in car and checked prior to delivery) | ■ Personal hygiene items                               | ■ Socks                 |
| ■ Cell phone charger  | ■ Pillow(s)  | ■ Support/nursing bra   |
| ■ Lip balm  | ■ Relaxation items such as music, massage rollers, etc | ■ Toothbrush/toothpaste |
| ■ Clothes for mom to wear home  | ■ Robe   |                         |

Contact your insurance provider to order a free breast pump!  
Please leave all valuables at home or utilize our in-room hotel size safe.

